



Stretton Pre-School

Anaphylaxis and Epi Pen

The Purpose of this policy is to provide information to help support children at risk of severe allergic reaction (anaphylaxis).

What is Anaphylaxis?

Anaphylaxis is the term for a severe, possibly life-threatening, rapidly-occurring allergic reaction. Allergic reactions occur when an individual's immune system responds inappropriately to the presence of a food or substance that it wrongly perceives as a threat.

Severe allergic reactions among young children are uncommon, but when they do occur they must be treated rapidly. Common causes among children include peanuts, fish, milk and egg.

Less commonly, a child may be at risk of allergy to tree nut (e.g. Almonds, walnuts, cashew nuts, Brazil nuts), sesame, shellfish and other foods.

Procedures:

1. We will ask for information about children's allergies before the child start (children's registration form)
2. We will ask for a letter from the doctor/parents regarding the child's condition
3. Alongside the parents we will create a Health care plan and review at 3 month intervals (or sooner should it be needed)
4. We will undertake any specialist training before the child can start at the setting (Epi pen training)
5. All staff will be made aware of the allergies and they will be recorded on the allergy sheet in the kitchen - alongside a photo of the child.

Symptoms of Anaphylaxis:

- Itching in the mouth
- Swelling of the face, throat or tongue
- Asthma
- Difficulty in talking or swallowing
- Hives anywhere on the body
- Generalised flushing of the skin

- Abdominal cramps and nausea
- Floppiness (drop in blood pressure)
- Collapse and unconsciousness

No child would necessarily experience all of the symptoms listed above, although more than one may well be present.

Treatment:

A child at risk of anaphylaxis will often be prescribed injectable adrenaline (Epi pen) and the following members of staff will be trained to administer it in an emergency:

- Stacey Francis - Room Senior/Named deputy (Fourfields)
- Sally Howes - Early Years Practitioner (Fourfields)
- Zoe Wainwright - Early Years Practitioner (Fourfields)
- Charlene Baxter - Pre-School Supervisor

We require an emergency kit (labelled) to be left on the premises, within date injectors and any other relevant prescribed medication - the emergency kit will be safely stored and accessible to all Early Years Staff.

The Epi pen and a trained member of staff will accompany the child on all outings and will be in their group and their responsibility.

This policy was adopted by	Stretton Pre-School
On	6 October 2016
Date to be reviewed	Annually
Signed on behalf of the provider	
Name of signatory	Sarah Morris
Role of signatory	Chair