



Nappy changing

At Stretton Pre-school all children are welcomed, we work with parents and help in the process of toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. To aid this we provide nappy changing facilities and toilet training facilities - we encourage good hygiene practices and encourage children to participate as much as possible. We see this time as an opportunity to learn self-care skills in a supported and non-judgemental way.

Procedures

- Staff have a list of personalised changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.
- We change children in the toilets and we make children as comfortable as possible
- Staff put on gloves and aprons before changing starts and the areas are prepared. The changing mat is anti-bacterial cleaned before each nappy change and after each change.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies
- Staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; and avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically.
- We have 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].

This policy was adopted by

Stretton Pre-School

On

6 October 2016

Date to be reviewed

Annually

Signed on behalf of the provider

Name of signatory

Sarah Morris

Role of signatory

Chair person